

**Third B.Sc Nursing (Ayurveda) Degree Supplementary Examinations
August 2023**

Panchakarma – II

Time: 3 Hours

Total Marks: 100

- Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers • Indicate the question number correctly for the answer in the margin space
- Answer all parts of a single question together • Leave sufficient space between answers

Essays:**(2x10=20)**

1. Write the classification of Rakthamokshana (रक्तमोक्षण). Explain the procedure of Siravedha (सिरावेध).
2. Write the preparation and the procedure of Shashtika Shali pinda sweda (षष्टिक शालि पिण्ड स्वेद).

Short notes:**(10x5=50)**

3. The Atiyoga of Ksharakarma (क्षार कर्म) and its management
4. Indications of Moordhataila(मूर्ध तैल)
5. Procedure of female Uthara vasti (उत्तर वस्ति)
6. Benefits of Sirodhara (शिरोधारा)with Taila
7. Paschat karma of Jalookavacharana(जलूकावचारणा)
8. Preparation of Takra for Takradhara (तक्र धारा)
9. Procedure of Talapothichil
10. Benefits of Kayaseka (कायसेक)
11. Name five formulations for Thalam
12. Differentiate Gandoosha (गण्डूष) & Kabala (कबल)

Answer briefly:**(10x3=30)**

13. Types of Jalooka (जलूक)
14. Indications of Anjana(अञ्जन)
15. Contra indications of Dhoomapana (धूमपान)
16. Benefits of Abhyanga (अभ्यङ्ग)
17. Preparation of Putapaka rasa (पुटपाक रस)
18. Bidalaka (बिडालक)
19. Types of Lepa (लेप)
20. Materials required for Prachana (प्रच्छान)
21. Samyak lakshana of Tharpana karma (तर्पण कर्म)
22. Ingredients of Jambheera pindasweda (जम्भीर पिण्ड स्वेद)
